

# **KILMEEDY 5 MILE** **ROAD RACE**

**SUNDAY 23rd AUGUST 2009**

**STARTING AT 12 NOON**

**WALKERS AND RUNNERS OF ALL AGES WELCOME**

**PRIZES FOR ALL CATEGORIES**

**SPOT PRIZES GALORE**

**ENTRIES, CHANGING FACILITIES AND REFRESHMENTS**  
**IN ARAS IDE, KILMEEDY, Co Limerick**

**Contact** Joe Healy (087-2422940) ,.

Kilmeedy Community Development Group Limited, Kilmeedy, Co. Limerick

