



All Abilities  
Welcome...  
from Pros to  
Beginners!

**Dooneen A.C. Fit4Life 4 Mile Fun Run**

THURSDAY AUGUST 5th - Raheen Industrial Estate

Registration from 6.30pm, Race Start at 7.30pm SHARP

5 Euro Entry Fee, Spot Prizes & Refreshments afterwards

blue  
green  
pink

Ballycummin Road

Churchill Meadows